

2025

HORAIRES



	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
6H			6:00-7:00 SGT		6:00-7:00 SGT		
7H							
8H							
9H			9:30-10:30 SGT		9:30-10:30 SGT	9:00-10:00 SGT	
10H						10:15-11:15 SGT	
11H							
12H			12:15-13:15 SGT		12:15-13:15 SGT		
13H							
14H							
15H							
16H							
17H			17:00-18:00 SGT		17:00-18:00 SGT		
18H	18:15-19:15 SGT	18:15-19:15 SGT	18:15-19:15 SGT		18:15-19:15 SGT		
19H	19:30-20:30 SGT	19:30-20:30 SGT	19:30-20:30 SGT				
20H							

*SGT = SMALL GROUP TRAINING